



# Corporate Donor Packet

Team Only Stronger

[www.onlystronger.org](http://www.onlystronger.org)

## Who/What is Team Only Stronger



Team Only Stronger is a grassroots nonprofit organization that aims to provide community-based education and support initiatives to challenge the stigmas of childhood abuse and trauma in order to empower victims to develop social/emotional competence and skills and to build healthy self-esteem and relationships.

A unique advantage of Team Only Stronger's efforts in raising awareness for child abuse prevention and resilience is the personal story of their founders. Team Only Stronger was founded by nine-year-old Arienne Mabalot, her father Gary Mabalot and her uncle Israel Mabalot, to speak up against child abuse and trauma through virtual and in-person educational trainings, published podcasts, and awareness events where they provide insight on the perspective of victims lived experiences to justice advocates, law enforcement, childcare providers, and community supporters throughout San Diego County.

Team Only Stronger has shown exceptional commitment by being the leading example in the fight against the stigmas of childhood abuse and trauma. As a victim of multiple felony counts of childhood sexual abuse and molestation at the age of 5, Arienne and Gary Mabalot have shared their story with thousands of community members and local organizations in hopes to raise awareness about the common but underestimated prevalence in households across the community. This innovative approach has set a new standard for raising awareness, demonstrating that vulnerability and courage to speak up can play a critical role in solving community issues associated with childhood abuse.

Since the inception of Team Only Stronger in 2021, we have seen significant positive outcomes. Attendees and listeners report gratitude for awareness, increased vigilance, higher confidence to speak up, and a greater ability to stay resilient. Among the many positive outcomes, the resilience of Arienne is the most significantly recognizable. Statistics show that the effects of child sexual abuse can be long-lasting and affect the victim's mental health and self-esteem. Through her commitment to Team Only Stronger and their mission, Arienne seems to be thriving in all aspects of her life despite her traumatic history. Going into her first year of middle school, Arienne has been recognized as one of her elementary school's top academic scholars and public speakers. She is a published illustrator and co-author for a children's book, *Warrior Princess Bunny: Tails of Truth*, which is used as a communication and education tool to encourage other children to not be ashamed or afraid of speaking up about their experiences. Her courage and resilience speak volumes to the impact that can be made by empowering children to define their own future with strength derived from vulnerability and authenticity.

## Our Mission

We work to Increase Resilience for victims, Inspire Prevention and Impact Prevalence of Childhood Abuse and Trauma.

## Our Vision

To be a catalyst for the prevention of childhood abuse and trauma; and a source for increased resilience for victims and their families.

## Our Team Values

- Courage
- Authenticity
- Collaboration
- Love

## Theory of Change

Operationalization of our mission and vision through research-informed and experience-based activities that genuinely intend to meet silenced community needs.

## Movement to Reconnect

We are all social beings by nature. Connectedness and community are necessary, if not vital to our well-being. Relationships can be a source of healing for many psychological wounds. Because traumas like sexual abuse and assault occur in relative secrecy - in a state of disconnection between people - it is not surprising to hear from trauma theorists that "reconnection" is part of the healing process.

## Areas of Impact

Currently, we focus our efforts in two key areas because we believe that empowering the resilience of kids, nurturing the strength of families and collaborating with our community are fundamental to making an impact against the prevalence of childhood abuse and trauma.

**Community Engagement & Education:** Team Only Stronger actively engages the community by facilitating educational and support forums open to all and hosting community events that build strong social connections and organizational unity. Through engagement with small businesses, large employers and nonprofits across San Diego County, Team Only Stronger is continuously working towards its mission to increase resilience, inspire prevention, and to impact the prevalence of child abuse and trauma.





In addition to hosting and facilitating conversations, Team Only Stronger has published a children's book authored and illustrated by Arienne Mabalot called, "Warrior Princess Bunny: The Tails of Truth" to serve as a communication and education tool for families and children to learn and speak up about body awareness and safety. Over 100 copies have been donated to families through collaborations with organizations like One Safe Place and YMCA of San Diego County.

**Collaborative Partnerships:** Team Only Stronger plays a crucial role in campaigning for the prevention of child abuse and resilience of its victims, ensuring the insight and experiences of victims and families are represented. Team Only Stronger has been instrumental in initiatives like Camp Hope Pathways where the goal is to mitigate the impacts of trauma in the lives of children and teens (ages 11-17) through holistic year-round programming and mentorship activities.

- **Camp HOPE Pathways Program:** *Through partnership with One Safe Place and Palomar Health, Team Only Stronger has contributed over \$7,000 in donated resources to the Camp HOPE Pathways program where the Team directly supported over 28 child victims and their families through facilitation of 4 resilience and leadership activities.*



Team Only Stronger also collaborates with the YMCA of San Diego County Childcare Resource Service department to support childcare providers through support forum discussions around the topic of child abuse prevention and its prevalence in family childcare homes.

- **YMCA Childcare Resource Service:** *Facilitated 4 trainings & support forums to over 100 home based childcare providers around the topic of child abuse prevention and prevalence in daycare facilities and family childcare homes.*

Additionally, Team Only Stronger partners with local organizations like Harley Davidson, The Goodlife Tattoo Shop, Emo Brown Foundation, Tribal Streetwear, Imperial Ave Co-Lab and Vision Culture Foundation to host multiple men's social support groups to explore cross promotional conversations to reduce stigma in help seeking behavior and normalize social support utilizing cultural tools of Filipino, Asian, and Pacific Islander notions of communal care.

- **Men's Social Support Groups:**



**Spiritual Homeboys:** *Over the last 3 years, in partnership with the Goodlife Tattoo Shop and several other male organizational and community leaders, Team Only Stronger supports and contributes to the facilitation of a men's social group every Tuesday.*



**Harley Fellowship:** *Team Only Stronger has been conducting a men's fellowship group that takes place every Saturday morning for 15 men within the Harley Davidson and various motorcycle club community and has been doing so for over 2 years.*



**The Link Up:** *On every third Wednesday evening of every month, Team Only Stronger actively participates and contributes to a men's social support group called "The Link Up" consisting of 30 male members of the San Diego/Chula Vista Community in partnership with Emo Brown Foundation and Vision Culture Foundation.*

## Summary of Impact & Achievements

- Donated and sold over 100 copies of the book, *Warrior Princess Bunny: Tails of Truth*, is written by Team Only Stronger CEO, Arienne Mabalot, as a communication and education tool encouraging other children to speak up and learn about body awareness and safety.
- Contributed over \$7,000 in donated resources to the Camp HOPE Pathways program in collaboration with Palomar Health and One Safe Place where the Team directly supported over 25 child victims and their families through resilience and leadership activities.
- Reached over 10,000 listeners, advocates, and attendees at various child sexual abuse prevention & awareness events throughout Southern California.
- Launched a series of podcasts discussing generational trauma and stigma with several community leaders, including San Diego City College social work professor Dr. Kirin Macapugay, MMA fighter Goyito Perez, Entrepreneur and KPBS featured tattoo artist Ron "Tha Kuya" Galido.
- Proclaimed by Chairwoman Nora Vargas and all members of the San Diego County Board of Supervisors on August 18, 2023, that they commend Team Only Stronger for outstanding service, leadership, and commitment the citizens of San Diego County and declared this day to be "TEAM ONLY STRONGER DAY" throughout San Diego County.
- Presented with Special Commendation Recognition by Council President Pro Tem Monica Montgomery Steppe, City of San Diego Fourth District.
- Presented with Certificate of Mayoral Recognition by Mayor Todd Gloria on August 19, 2023.
- Selected as WINNERS for the 2024 San Diego Business Journal Nonprofit & Citizen Awards in the category for Most Innovative Awareness Campaign.

## Community Over Competition

Like any Championship Team, we have a singular, common focus where everyone involved understands the goals and intentions of the mission and collectively embraces them with authenticity and love. Team Only Stronger remains honored to partner and collaborate with many local brands, small businesses, civil leaders and large nonprofits and organizations over their short tenure as a grassroots nonprofit. These community champions include (but not limited to):

- The Goodlife Tattoo Shop
- Section 8 Motorcycle Club – Mainland/SoCal
- San Diego District Attorney Office, Victim Services Division
- North County Family Justice Center – One Safe Place
- Palomar Health – Camp Hope Pathways Program
- YMCA of San Diego County – Childcare Resource & Referral
- San Diego Hydraulics
- Emo Brown Foundation
- Imperial Ave Co Lab
- Cloak and Petal Restaurant
- Vision Culture Foundation
- Shark of the Pacific LLC
- Batta Fulkerson Law Group
- Kendra Scott, LLC



***“Too often we carry mountains that we are only meant to climb...and that’s okay...because that means we are strong enough to carry mountains. Our hope is that we can help make others aware of this newfound strength and offer to climb these mountains together.”***

***– Team Only Stronger Founders***



**Team Only Stronger**

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Chula Vista, CA 91911

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Dear Community Champion,

I hope this letter finds you in good health and high spirits. We are excited to extend an invitation to you to support us as a Corporate Donor.

Our invitation to contribute as a Corporate Donor aims to raise both awareness and funds to support a cause that is often silenced, yet deeply desired by the families of all communities. All donations directly support our goals to expand the reach of our initiatives in alignment with the Team Only Stronger mission, which is dedicated to inspiring prevention and addressing the prevalence of child sexual abuse, while also fostering resilience for the victims and their families.

As a corporate donor, you will be actively contributing to a brighter and safer future for our community's children. Your generous support will empower us to make a significant impact on the lives of those affected by childhood sexual abuse and create a safer environment for them to thrive. No matter how you choose to donate and support, your contribution will be crucial in driving the success of our continuous efforts and helping us advance our cause in alignment with our values of courage, authenticity, collaboration, and love.

For any inquiries or to learn more, you may contact us at 619-625-0609 or [operations@onlystronger.org](mailto:operations@onlystronger.org)

Together, let us stand united in making a difference and promoting a world where all children can grow up free from the fear of abuse and trauma.

Thank you for your consideration, and we look forward to your consideration to become a meaningful member of Team Only Stronger.

Warm regards,

Team Only Stronger

*The Nonprofit Brand for Child Abuse Prevention*

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## Receipt of Charitable Donation

Team Only Stronger acknowledges and expresses appreciation for the following contribution:

Cash donation in the amount of:	
Donation of goods:	
Donation Received From:	
Date of Donation:	
Valued at:	

Team Only Stronger is a recognized 501 (c) (3) not-for-profit organization.

Federal ID number: **87-3477565**

Donation Received by:

\_\_\_\_\_ Date \_\_\_\_\_

Signature of Authorized Representative, Team Only Stronger